

# MORE THAN BEGINNER'S LUCK: PREPARATION AND TALENT

Team Exergy



Ventura had spectacular rides to choose from, ranging from long canyon climbs to flat farming roads. Undeterred by the wet weather, the Exergy boys pounded out big miles over the 10-day camp.

Photo: Velo Images

Felt's top-level F1 frame is built with a mix of componentry, including: Micro Shift shifters and derailleurs, TRP brake calipers, Williams wheels, and FSA K-Force Light cranks.



Felt's B2 Pro time-trial bike leaves little in the way for excuses. An FSA Vision aero crank, Devox aerobars and Williams disc wheel give Team Exergy a weapon in the race of truth.





Team Exergy flies the coop on stage-1 of Calville Bay Classic. They went on to win two stages plus the overall, netting their first wins as a professional team.

Photo: Velo Images

In their inaugural professional team camp, Team Exergy went to where the hills are aplenty and the sun is always shining. Unfortunately for them, the sun-always-shining part wasn't true for their visit in Ventura, California. Undeterred by a little rain, the team got in 10 days of training before heading to Las Vegas and kicking off their race season with a four-day stage race. It appears it was a productive training camp since they went on to win two stages, plus the overall victory at the Callville Bay Classic. Not bad for a first-year team to net their first-ever wins not even three months into the season.

Team Exergy made the jump from amateur ranks to the Continental level for 2011. As a first-year professional team, they didn't get an invite to the Amgen Tour of California in May, but they still have an ambitious race schedule outlined that will keep their 11-rider roster busy throughout the season. For hilly stage races on the calendar, like the SRAM Tour of the Gila and Quiznos Pro Challenge, the team has an ace up their sleeve with neo-pro Chris Hong. At 108 pounds, Chris is the lightest pro in the U.S. peloton and should turn some heads when the road goes up. While the bulk of the team's race schedule is

focused on U.S. events, team director Tad Hamilton is hoping to get over to Europe by the end of the season to start laying the foundation for the team's long-term goal of upgrading to Professional Continental status.

In the all-too-often selfish world of professional sports, Team Exergy is striving to set themselves apart. Inspired by Quinn Keogh's own battle

with testicular cancer (see "Being Pro" on page 128), the team will be visiting children's hospitals while traveling across the country to races. Additionally, the team donated hundreds of helmets to Prohelmet.org, helping kids in Boise, where the team is based, receive proper-fitting helmets while advocating responsible bike riding.



Rolling in style, Team Exergy's new Mini is sure to garner attention in the race caravan.